



# SIGMA BETA CLUB

## RISE AND THUNDER PROGRAM

### LEVEL: LIGHTNING

**SBC MEMBER NAME:** \_\_\_\_\_ **ADVISOR:** \_\_\_\_\_

#### (L1) Literacy {3, 5, 6}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

#### (L2) Scrapbook {5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA

#### (L3) Job Shadowing {5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

#### (L4) Sigma Beta Athletics {2,5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

ONCE COMPLETED EMAIL TO DOS SBC DIRECTOR TO VERIFY ACTIVITIES. [sigmabetaclub@stpetesigmamas.com](mailto:sigmabetaclub@stpetesigmamas.com)

\_\_\_\_\_ VOLUNTEER HOURS WERE COMPLETED DURING THE \_\_\_\_\_ CALENDAR YEAR

\_\_\_\_\_ DIRECTOR SIGNATURE



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#### (L5) Digital Profiling {5, 6, 9}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA

#### (L6) Anti-Bullying {1, 7, 9}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

#### (L7) Childhood Obesity Event {1, 5, 7}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

#### (L8) College Tour {3, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA
			NA	NA
			NA	NA
			NA	NA
			NA	NA

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#### (L9) Sigma Beta Against Teenage Pregnancy Plus {5, 7}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

#### (L10) Peer Pressure {7, 9}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA

#### (L11) Financial College Planning {3, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA
			NA	NA
			NA	NA

#### (L12) Employability {3, 5, 6,}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
			NA	NA

#### (L13) Public Speaking {1, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS
				NA
				NA
				NA
				NA
				NA

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#### (L14) Mentoring {5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

#### (L15) Community Service {4, 5}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

#### (L16-19) Local Activity (4 Activities) {1, 3, 4, 7}

LOCATION	TYPE OF ACTIVITY	DATE OF COMPLETION	EVENT TIME	VOLUNTEER HOURS

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